

Quick Reference Guide

	Suggested Law Variations					
	Quick Reference Guide					
	<b>U8</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>	<b>U16</b>	<b>U19</b>
<i>Playing Time</i>	2 x 15 minutes	2 x 20 minutes	2 x 20 minutes	2 x 25 minutes	2 x 30 minutes	2 x 35 minutes
<i>Interval Duration</i>	N/A	N/A	5 min max	10 min max	10 min max	10 min max
<i>Maximum Roster Size</i>	18	22	22	22	22	22
<i>Players per side</i>	7	10	12	15	15	15
<i>Default minimum per side</i>	7	7 (if less than 13 on roster)	10	12	12	15
<i>Ball Size</i>	3	3	4	4	5	5
<i>Field Dimensions</i>	40-50m x 25m	50-70m x 30-35m	90-100m x 60-70m	90-100m x 60-70m	90-100m x 60-70m	90-100m x 60-70m
<i>Kicking</i>	No	Yes; no penalties or drop-goals	Yes	Yes	Yes	Yes
<i>Size of scrum/Formation</i>	3	3	5 (3/2)	8 (3/4/1)	8 (3/4/1)	8 (3/4/1)
<i>Scrum (NO WHEELING, MAX PUSH 1.5m)</i>	Non-contested	Non-contested	Contested	Contested	Contested	Contested
<i>Lineout Lifting/Pre-Grip</i>	No	No	No	Yes	Yes	Yes
<i>Fend off</i>	No	Not to face	Not to face	Not to face	Not to face	Not to face
<i>Lineout variation</i>	2	2 min / 4 max	2 min / 4 max	2 min / 7 max	2 min / 7 max	2 min / 7 max
<i>Sin Bin</i>	N/A	N/A	5 min	5 min	5 min	10 min
<i>Mouthguards</i>	<b>MANDATORY</b>	<b>MANDATORY</b>	<b>MANDATORY</b>	<b>MANDATORY</b>	<b>MANDATORY</b>	<b>MANDATORY</b>
<i>Match report</i>	No	No	Yes	Yes	Yes	Yes